Welcome to the latest newsletter from the Kingswood Surgery Patient Participation Group (PPG). If you missed earlier ones, or don’t know anything about the PPG, you can find details on the notice board opposite the reception desk.

**JUST TO REMIND YOU...**

* If you have driven to the surgery, please make sure you add your registration to the list on reception. If you forget, just contact Reception and they will be able to sort it out for you.
* You can ring for **Blood Test** **Results** any day AFTER 10.30 am, and the Receptionists can give you your results. Do ask at Reception if you would like to be able to access your results online.
* There is an expanded **phlebotomy service** at the surgery, extra appointments are available. We should only be going to the hospital or Sainsburys under special circumstances.
* No dogs, except Assistance Dogs, in the Surgery please!
* Appointments are normally scheduled to last 10 minutes. The Doctors are happy to see you for longer – but it would be a great help if you could let Reception know if you would like an extended appointment when you book. Thank you!

**IT’S NEARLY THAT TIME OF YEAR AGAIN ...**

As well as all the other flu jab sessions (early morning, late evening and pre-bookable appointments), we held two amazing Macmillan Cancer Flu Clinic coffee mornings last year! Coffee/tea, cakes and biscuits were sold by the Surgery staff, raising over £500 for Macmillan Cancer (AND you could get a flu jab too!). It was great fun, and we had such positive feedback from everyone who attended, that the Practice is going to organise more Saturday morning drop-in clinics this year.

The dates for the clinics are as follows:

The two Saturday coffee morning flu clinics are **Saturday 13 October** and **Saturday 17 November** 9am – 11am.

Please come and join us!

**DID YOU KNOW?**

Our Practice is now offering extended appointment times, with late evenings, early mornings and Saturday appointments all available.

There are other ways of making appointments too - extra appointments are available between 4 and 8 pm daily, at the Mowbray Square practice, which are bookable by ringing our practice number. Please note, however, these appointments will not be with your regular doctor or nurse. Ask at Reception for details.

**ARE YOU A CARER?**

The Practice has a range of support services on offer, and would love to be able to help, please do ask.

**HOW YOU CAN HELP**

Come and join the PPG! You can join in as much or as little as you like!

It would be great to have as many people participate as possible, and if after reading this you would like to join us, we would love to hear from you. There is a slip on the reception desk for you to fill in your contact details and someone will get in touch.

If you would like any issued raised with the PPG please contact Liz Walker, Practice Manager.

**WE LOOK FORWARD TO HEARING FROM YOU...**

PS. If you have any spare magazines for the waiting room, please hand in at Reception...

**Dr. Tinsley is running the Great North Run for the Alzheimer’s Society; his Mum is severely affected by the disease. If you would like to sponsor him / leave an encouraging message, please visit** [**www.justgiving.com/fundraising/barneysgreatnorthrun**](http://www.justgiving.com/fundraising/barneysgreatnorthrun)**.**